

True Value Parenting	
1.1a-e	Understanding Pregnancy: Fetal Development, Medical Care, Nutrition & Exercise, Discomforts & Hazards, Emotions
1.2	Mommy Milestones
1.3	Postpartum Depression
1.4	12-15 Month Milestones
1.5a,b,c	Simply Breastfeeding
1.6	Stages of Labor
1.7a,b	Taking Care of Yourself After Childbirth
1.8a	Emotionally Healthy Children – Babies
1.8b	Emotionally Healthy Children – Toddlers
1.8c	Emotionally Healthy Children – Preschoolers
1.9a,b,c	Infant Bonding
2.0	Infant Hygiene
2.1	Infant CPR
2.2	Quality Child Care
2.3	15-18 Month Milestones
2.4	Ready to Learn
2.5	Safe Sleep
2.6	Simple Steps to Child Passenger Safety
2.7	Preventing Shaken Baby Syndrome
2.8	Experience, Explore, Learn: The Amazing World of Play
2.9	18-24 Month Milestones
3.0	Infant Expectations
3.1	Discipline: Teaching Limits with Love
3.2	Newborn Sickness
3.3a,b	Safety Starts at Home
3.4a-i	Boundaries with Kids (BWK)
3.5	Potty Training
3.6a-l	Essentials of Discipline with James Dobson
3.7	24-36 Month Milestones
3.8	Siblings
3.9a	Childhood Nutrition (Baby to 1yr.)
3.9b	Childhood Nutrition (2-5yrs.)
4.0	Mommy Work
4.1	Stop Smoking Now
4.2	To Be A Father (For Dads Only)
4.3	A Child With Special Needs
4.4	Going It Alone: Looking at Single Motherhood
4.6a,b,c	1,2,3 Magic (On Discipline)
4.7a,b	MORE 1,2,3 Magic (On Discipline)
4.9a-f	Single Parenting That Works (SPTW) (Segments 1-3 good for working with Ex)
41a-h	Practical Fatherhood Series (For Dads Only)

Prenatal Education	Parents of Newborn-6 months	Parents of Children 6-18 months	Parents of Toddlers
Discipline	Parents of Preschoolers	Special Parenting Situations	For Fathers

For Teen Parents	
9.1	Healthy Steps for Teen Parents: Vol. 1 Prenatal Care
9.2	Healthy Steps for Teen Parents: Vol. 2 Labor and Birth
9.3	Healthy Steps for Teen Parents: Vol. 3 Postpartum

True Value Finances	
6.1	Introduction to Intelligent Money Management
6.2	Apartment Renting 101
6.3	Taking Credit: Understanding Loans, Credit Cards, and Other Debts
6.4	Kicking the Tires...Finding and Financing a Used Car
6.5a,b	Dave Ramsey: Relating With Money (one hour long, divided into 2 segments)
6.6a,b	Dave Ramsey: Dumping Debt (one hour long, divided into 2 segments)

True Value Relationships	
7.1	Love Wears Sneakers
7.2a-j	Chip Ingram: Love, Sex and Lasting Relationships
7.3a-c	The Five Love Languages
7.4a-d	Step parenting with Love and Logic
8.5a-e	Positive Partnerships – Women
8.6a-e	Positive Partnerships – Men

True Value Faith	
8.2a-l	12 Women of the Bible (Divided into 12 segments) *See list in file with DVD
8.3a-h	Thrive: Don't Just Survive - Doing Family God's Way (Divided into 8 segments)
8.4a-h	Effective Parenting in a Defective World - Chip Ingram (Divided into 8 segments)